FREQUENTLY ASKED QUESTIONS

1. **What is Hippotherapy?**

Hippotherapy is a physical/occupational or speech therapy session, where the movement of the horse is utilized as a treatment tool, as part of the overall treatment plan. It is a full one on one Occupational therapy session with specific therapy goals as required. The therapy must be deemed medically necessary and is prescribed by the doctor.

1. **What age can children start therapy?**

Therapy can be started at any age. However, using the horse as a part of the treatment session, is not until age 2.

1. **How are sessions covered by Insurance?**

Occupational Therapy is billed to insurance or Medicaid just like any therapy. There is a separate barn fee that is paid directly to the barn for the use of the horse.  Fees range $100 - $150 per month depending on the location.

1. **What kind of insurance is accepted?**

Big Stride Therapy accepts all insurances but your therapy benefits depend on your policy. Big Stride Therapy is only in network for Blue Cross Blue Shield. Medicaid is also accepted, however if your child is getting OT at a clinic, you will need to determine the dates and units of the Prior Approval.

1. **Looking for PT in Hippotherapy?**

Big Stride Therapy only provides Occupational Therapy. For Physical Therapy, contact Bethany at [beats-inc.org](http://www.beats-inc.org)

1. **What days are available at which locations?**

Therapy is offered at the Alpharetta location on Mondays and Wednesdays, and the Canton location on Tuesdays and Fridays.

1. **How long are sessions?**

Therapy sessions are weekly for one hour.

1. **Do you offer therapeutic riding, equine therapy or other horse therapy?**

Big Stride Therapy does not offer recreational riding or adapted riding lessons. For adapted riding, contact Bethany at [beats-inc.org](http://www.beats-inc.org)

1. **What’s needed to get started?**

Fill out the [Contact us](http://weebly-link/497973255794866763) information andinclude the child's name, age, disability and/or needs and your available times for sessions.  Big Stride Therapy will contact you to review available